

# Cheer Passion Allstars

## Cheerleader contract for 2022-23 Season

The following conditions are set forth for: \_\_\_\_\_  
(athlete) as a cheerleading contract for the 2022-23 cheerleading season.

1. I will not inappropriately use any social networking platforms (such as bullying or inappropriate language on snapchat, Instagram, Facebook, twitter, messenger or text) ZERO tolerance for bullying! **Dismissal from program is automatic.**
2. I will not disrespect my CP uniform- meaning I will never act, talk, post or behave inappropriately while in uniform or in my gym.
3. I will not post anything that will make me, my gym, my program, my coach, my team, etc. look bad. This includes, but is not limited to posting anything with foul language, suggestive gestures, or negative behavior of any kind.
4. I will not talk negatively about my teammates, coaches or my program 4. I will follow all rules laid out in the cheer packet; which includes proper uniform to all practices and being on time whether it is your fault or not 5. No phones out at practice or brought to events/awards/etc. 6. I will not be a problem and follow all rules while in practice, at school or with my parents (this includes teachers, administration, afterschool, etc.) 7. I understand there are consequences for breaking any rules listed above
5. I will come to every practice, on time and in the correct uniform.
6. I will NOT have my phone out at the gym or at any event; this includes the locker room and bathrooms.
7. I will always be positive and use kid words when talking to my teammates, my coaches or any other staff member. This includes body language and eye rolling.

Consequences and demerit system:

**1<sup>st</sup> offense-** extra conditioning at the end of practice (parents will be contacted to come 15 minutes later for pickup)

**2<sup>nd</sup> offense-** suspended from practice; but are still expected to show up dressed and ready and will sit with coach. 2 hours of documented community service.

**3<sup>rd</sup> offense-** suspended from upcoming competition or special events. 4 hours of documented community service.

**Final-** dismissal from the program

Cheerleader signature \_\_\_\_\_ Date: \_\_\_\_\_

Parent signature \_\_\_\_\_ Date: \_\_\_\_\_

Coach signature \_\_\_\_\_ Date: \_\_\_\_\_